



FROM SEPTEMBER 2013

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Option	Beany Wrap(v) with Savoury Rice	Vegetable Burger in a Bun(v) with Tomato Sauce and Potato Wedges	Quorn Roast(v) with Roast Potatoes and Gravy	Quorn and Spinach Lasagne with Homemade Crusty Bread	Cheese and Chive Potato Cake with Chipped Potatoes
Halal Dish of the Day	Halal Lamb Spaghetti Bolognaise with Homemade Tomato Bread	Halal Lamb Burger in a Bun with Tomato Sauce and Potato Wedges	Halal Roast Chicken with Gravy and Roast Potatoes	Halal Chicken Pie with Parsley Potatoes	Fish Fingers with Chipped Potatoes
Vegetables	Peas Sweetcorn	Carrots Broccoli	Cabbage Cauliflower	Carrots Green Beans	Garden Peas Baked Beans
Desserts	Shortbread	Cheese & Crackers	Cheese and Crackers	Cheese & Crackers	Treacle Tart and Custard
	Fresh Fruit/Yoghurts	Fresh Fruit/Yoghurts	Fresh Fruit/Yoghurts	Fresh Fruit/Yoghurts	Fresh Fruit/Yoghurts

