

ORFORM44

LONGSIGHT SCHOOL WEEK 1



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Tomato and Basil Pasta served with Garlic Flatbread and Green Beans	Cheese and Tomato Pizza served with Half a Jacket Potato and Baked Beans	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Fruit & Veg Crudites	Shortbread Biscuit or Frozen Yoghurt or Fruit Salad
Tuesday	Halal Chicken Tikka served with Rice and Mixed Salad	Quorn Fillet Bap served with Jacket Wedges, Cucumber Sticks and Ketchup	Oven Baked Jacket Potato filled with Cheese & Beans, Tuna, Cheese or Beans served with Mixed Salad	Blueberry Muffin or Frozen Yoghurt or Fruit Salad
Wednesday	Halal Roast Chicken fillet served with Creamed Potatoes, Carrot and Pea Medley and Gravy	Vegetable Sausages served with Creamed Potatoes, Carrot and Pea Medley and Gravy	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Fruit & Veg Crudites	Apple Crumble & Custard or Frozen Yoghurt or Fruit Salad
Thursday	Halal Minced Beef & Potato Pie served with Baby Potatoes, Mixed Veg and Gravy	Cheese and Egg Flan served with Baby Potatoes and Mixed Vegetables	Oven Baked Jacket Potato filled with Cheese & Beans, Tuna, Cheese or Beans served with Mixed Salad	Chocolate Crunch or Frozen Yoghurt or Fruit Salad
Friday	Breaded Fish Fillet served with Chips and Garden Peas	Kitchen Made Veggie Burger served with Chips and Garden Peas	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Carrot and Cucumber Sticks	lced Bun or Frozen Yoghurt or Fruit salad

Available Daily: Fresh Fruit and Salad Bar







LONGSIGHT SCHOOL **WEEK 2**



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Margherita Pizza served with Sweetcorn and Carrot & Cucumber Sticks	Mac and Cheese served with Sweetcorn and Carrot & Cucumber Sticks	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Carrot and Cucumber Sticks	Vanilla & Jam Cookie or Frozen Yoghurt or Fruit Salad
Tuesday	Halal Chicken Sausages served with Creamed Potatoes, and Baked Beans	Cheese and Bean Pasty served with Creamed Potatoes and Baked Beans	Oven Baked Jacket Potato filled with Cheese & Beans, Tuna, Cheese or Beans served with Mixed Salad	Fresh Fruit Salad or Banana Cake with Toffee Sauce or Frozen Yoghurt
Wednesday	Halal Roast Chicken served with Roast Potatoes, Yorkshire Pudding, Carrot and Green Bean Medley, Gravy	Vegetable Sausage in Yorkshire Pudding served with Roast Potatoes, Carrot and Green Bean Medley and Gravy	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Carrot and Cucumber Sticks	Iced Lemon Sponge or Frozen Yoghurt or Fruit Salad
Thursday	Halal Beef Cottage Pie served with Garden Pea & Sweetcorn Medley and Crusty Bread	Vegetable Korma served with Garden Pea & Carrot Medley and Rice	Oven Baked Jacket Potato filled with Cheese & Beans, Tuna, Cheese or Beans served with Mixed Salad	Fresh Fruit Salad or Cherry Shortbread or Frozen Yoghurt
Friday	Fish Fingers served with Chips and Peas	Crustless Cheese and Broccoli Quiche served with Chips and Peas	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Carrot and Cucumber Sticks	Golden Syrup Sponge and Custard or Frozen Yoghurt or Fruit Salad

Available Daily: Fresh Fruit and Salad Bar

orian



LONGSIGHT SCHOOL WEEK 3



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Cheesy Pizza served with Cheesy Jacket Skins, Baked Beans and Mixed Salad	Sweet Tomato Penne Pasta served with Garlic Flatbread and Mixed Salad	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Mixed Salad	Fresh Fruit Salad or Flapjack or Frozen Yogurt
Tuesday	Halal Chicken Fajita served with Savoury Rice and Mixed Salad	Hot Roasted Vegetable and Cheddar Wrap served with Savoury Rice and Mixed Salad	Oven Baked Jacket Potato filled with Cheese & Beans, Tuna, Cheese or Beans served with Mixed Salad	Australian Crunch or Frozen Yoghurt or Fruit Salad
Wednesday	Halal Roast Chicken served with Roast Potatoes, Carrots and Green Bean Medley and Gravy	Roast Quorn Fillet served with Roast Potatoes, Carrot and Green Bean Medley and Gravy	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Carrot and Cucumber Sticks	Raspberry Jelly and Cream or Frozen Yoghurt or Fruit Salad
Thursday	Halal Beef Lasagne served with Sweet Mixed Pepper Salad and Fresh Baked Bread	Cheese Whirls served with Baby Potatoes and Mixed Pepper Salad	Oven Baked Jacket Potato filled with Cheese & Beans, Tuna, Cheese or Beans served with Mixed Salad	Fresh Fruit Salad or Jammy Bun or Frozen Yoghurt
Friday	Fish Fingers served with Chips, Garden Peas and Tomato Ketchup	Veggie Bolognaise served with Pasta, Grated Cheddar and Peas	Assorted Sandwiches filled with Cheese, Egg or Tuna served with Carrot and Cucumber Sticks	Rainbow Cupcake or Frozen Yoghurt or Fruit Salad

Available Daily: Fresh Fruit and Salad Bar

orian